

Virginia Hospital Center Board Planning Committee

Community Health Needs Assessment
November 2020



Community Needs Assessment

Why?

- ❑ Obtain broad input from the community we serve
- ❑ Review current health status and demographic trends
- ❑ Regulatory Requirement

501c3 Hospitals Deemed Charitable Organizations

Purpose:

Must benefit the broad public interest
(versus the interests of its members)

In exchange:

- Tax-exempt donations
- Federal tax exemptions
- State and local tax exemptions
- Tax free bonds

Community Health Needs Assessment Regulations

- ❑ At least once every three years
 - Survey I – completed 2011; Survey II – completed June 2014; and Survey III – completed August 2017
- ❑ Adopt a written implementation strategy to address identified community needs
- ❑ Include input from persons who represent the broad interest of the community
- ❑ Include input from persons having public health knowledge or expertise
- ❑ Make assessment widely available to the public
- ❑ Failure to comply results in excise tax penalty of over \$50,000 per year

Community Health Needs Assessment Additional Reporting Requirements

IRS additional requirements:

- Description of how organization is addressing the identified community health needs;
- Description of any needs not being addressed and reasons why; and
- Description of how organization assessed the health care needs of the communities it serves.

Community Feedback

Scope of Survey

- Sent to 155 Community Stakeholders – 40% response rate to date
- Example Respondents:
 - Arlington County government and APS Representatives
 - Elected officials
 - VHC Medical Leaders and key staff
 - Religious and Community Leaders
 - N. Virginia Health Systems Agency
 - Community non-profits and diversity groups

Community Feedback

Health Concern Comparison

2017:

- Mental Illness
- Childhood and Adult Obesity
- Substance Abuse – Drugs and Alcohol
- Dental Care/Oral Health
- Cancer/Diabetes/Heart Disease

2020:

- Depression
- Mental Health (other than depression)
- High blood pressure
- Adult obesity
- Substance abuse
- Aging concerns
- Domestic violence

Community Feedback

Health Service Gaps

2017:

- Behavioral Health Svcs
- Healthcare coverage
- Aging services
- Dental care

2020:

- Behavior health svcs
- Healthcare for uninsured and under-insured
- Social services
- Homeless services
- Aging services & long-term care support

Community Indicator Profile

Quantitative Analysis*

- Demographic Profile:
 - Population growing faster & more densely populated
 - More racially & ethnically diverse
 - Smaller poverty population
 - Higher education
- Health: lower preventable hospitalization by age & diagnosis
- Mortality: lower mortality rates at all age ranges
- Maternal/Infant Health: lower birth rate, higher birth weights & lower infant death
- Behavioral Health: lower utilization

**** To be updated based on final analysis***

VHC Response & Future Plans

Addressing Health Concerns & Service Gaps

- Mental Illness – Behavioral Health
 - Expand psychiatric inpatient capacity
 - Expand substance abuse services
 - Expand Emergency Department mental health capacity
 - Acute inpatient & outpatient recovery & wellness program – with focus on assisting military personnel

- Childhood & Adult Obesity
 - Regular, ongoing community education and exercise programs for weight management
 - Full-service weight management & bariatric surgery program
 - Nationally-recognized Center for Excellence for weight management
 - APC obesity program

VHC Response & Future Plans

Addressing Health Concerns & Service Gaps (cont)

□ Medical/Surgical Services

- Expand inpatient med/surg bed capacity
- State-of-the-art Heart & Stroke Centers; nationally recognized Centers of Excellence
- Cancer Center – CoC Accredited & recipient of the Outstanding Achievement Award
- Radiation Oncology – linear accelerator & stereotactic radiosurgery expansion
- Diabetes screening, counseling & education
- Expansion of outpatient physical therapy services
- Expansion of primary care network – Centers in Arlington, Alexandria, Falls Church, McLean & Shirlington
- Outpatient Pavilion project – completion in 2022

VHC Response & Future Plans

Addressing Health Concerns & Service Gaps (cont)

□ Aging Services

- Ongoing “Healthy Aging” series and Alzheimer Support Group
- Lifeline Response System to community and low-income seniors
- Comprehensive senior services: exercise, nutrition, disease management, falls prevention, safety and memory screening
- Collaboration with Senior Living facilities: focus on improving care and decreasing preventable admissions